

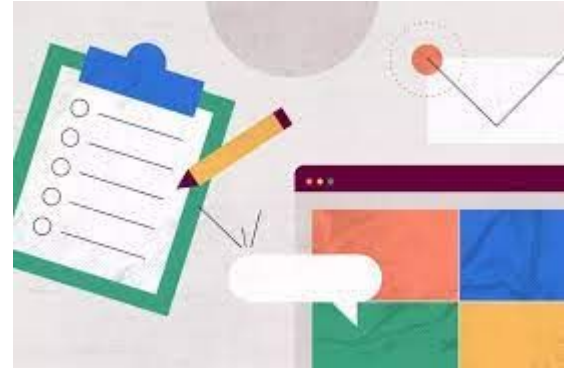
Own the year. Shape your Future



Catherine Earley
Assistant Principal

What we will cover

- Key dates
- Preparation for the mocks and GCSE examinations
- Revision opportunities
- How to support your child with revision
- Managing stress and anxiety



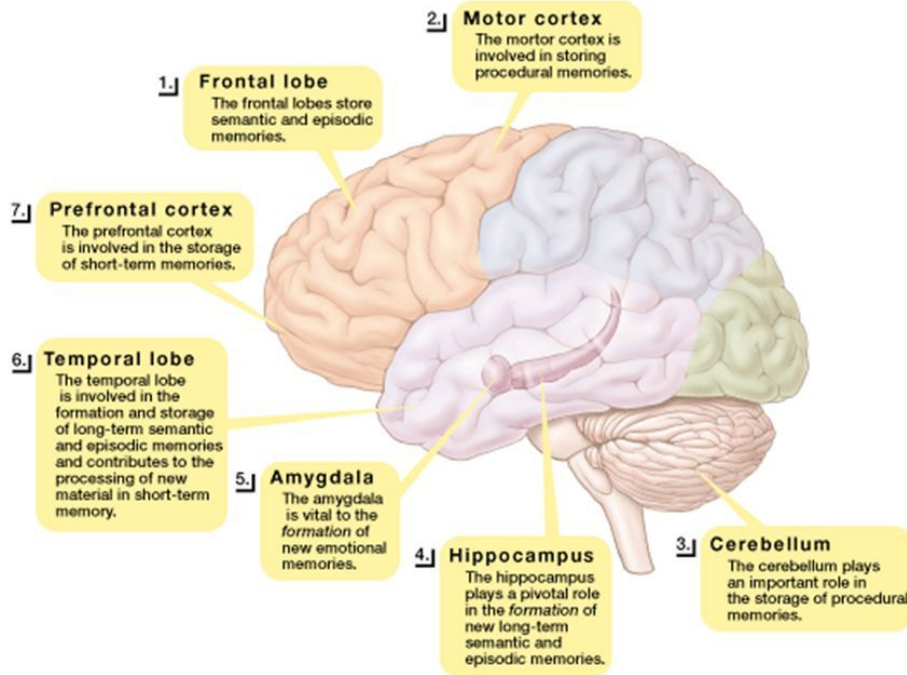
Useful documents

[Timetable](#): Mocks October 2025

[Revision Booklet](#)



Where Are Memories Stored?



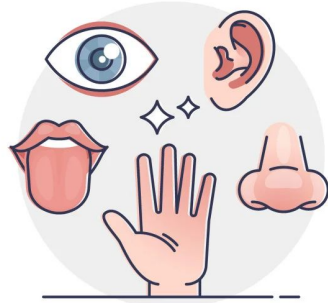
What we know

When we first learn any new material it goes into our short term memory in the prefrontal cortex.

This part of your brain is:

- Able to store information for a short period of time
- Able to store 7 pieces of information ± 2
- Is affected by stress

TYPES OF MEMORY



**SENSORY
MEMORY**



**SHORT-TERM
MEMORY**



**LONG-TERM
MEMORY**

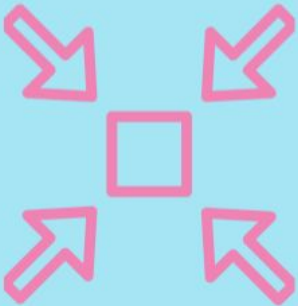
In order to move the information you must process it more deeply. In other words, know that material more fully and understand the concepts within it.

3 Steps to Revision

Miniturise

Produce

Retrieve



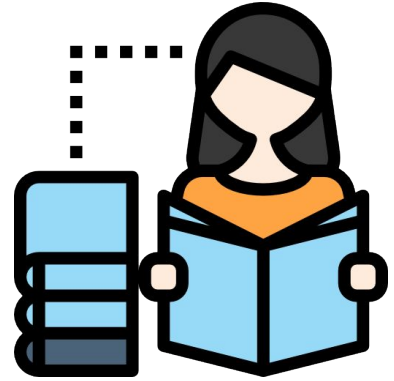
Miniaturise your notes

Go over your subject notes and pull out the key points.

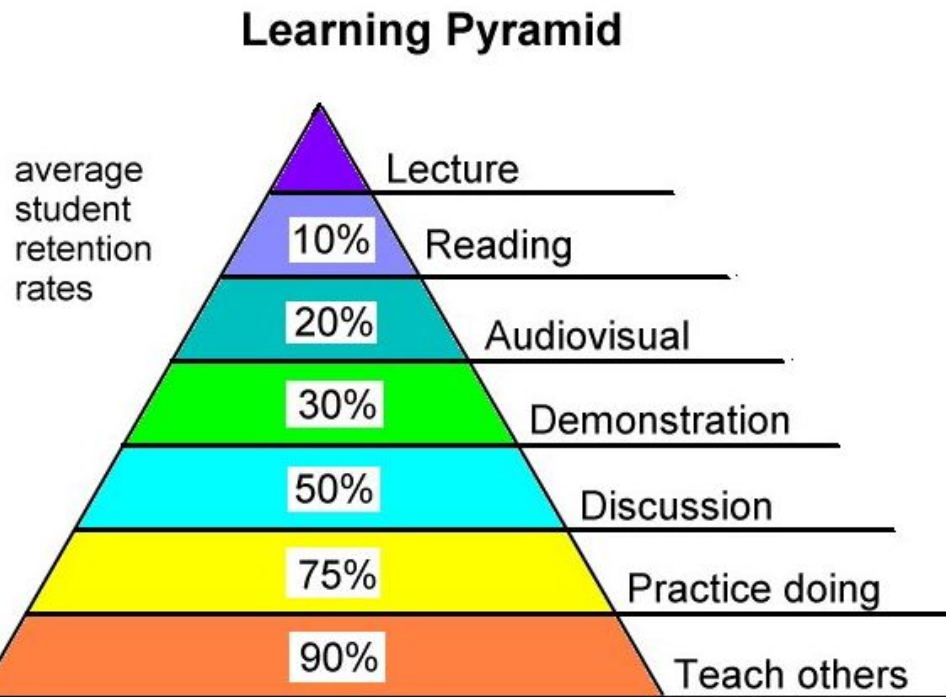
Where you can abbreviate, use arrows, symbols, short phrases.

By miniaturising your notes you will make the content more accessible and easier to deal with.

Find the method that works best for you.



Preparation and Revision strategies



Source: National Training Laboratories, Bethel, Maine

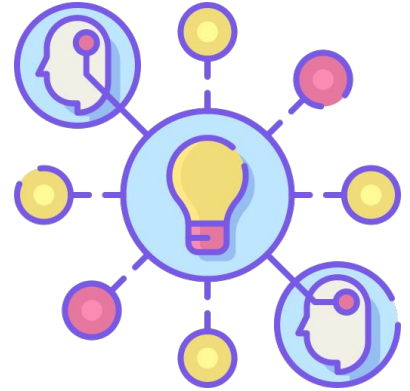
Ineffective Revision Strategies

- Re-reading notes
- Cramming at the last minute
- Too many distractions
- Any activity that can be done on autopilot

Produce: Studying using The Production Effect

The Production Effect describes how doing something with the material you are studying helps increase the chances of ingraining it into the long term memory.

By producing something with the material the learner is actively engaged in strengthening connections in the brain as opposed to passively letting it wash over them.



Techniques that use The Production Effect

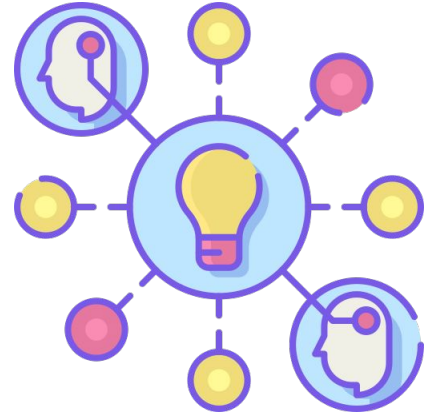
Reading out loud - the learner produces more from the content as they see, say and hear themselves saying the words.

Dual Coding - drawing pictures alongside words creates more learning content and can enhance memory of individual words.

Writing thing out - research suggests that the process of writing things out is an effective way to remember the words.

Flashcards - by writing out the question and answer, testing yourself on it and saying the answer out loud produces lots from the study material.

Knowledge organisers: A knowledge organiser summarises and condenses all the most vital, useful and powerful knowledge on a single A4 page.



Apply your learning: Retrieval Practice

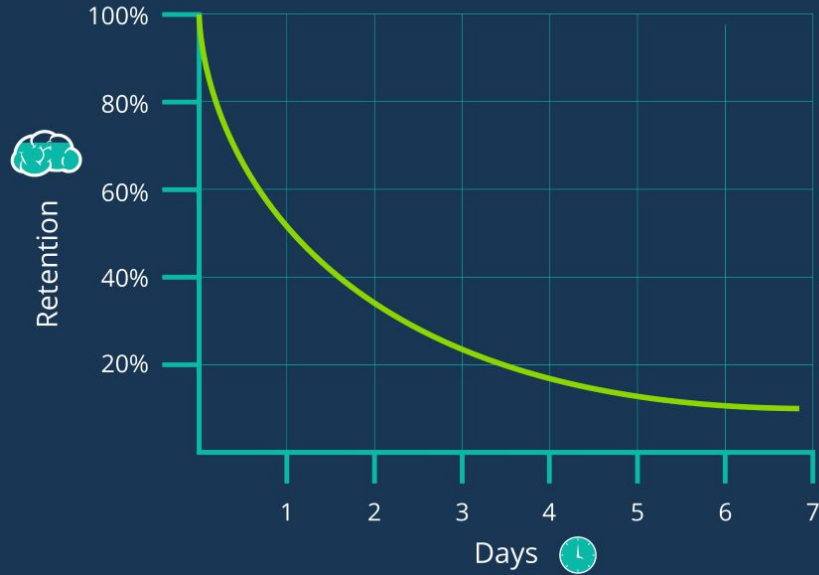
Retrieval practice - also known as the testing effect, this strategy consists in students generating answers to questions in order to develop their ability to recall the material.

- Answer a question
- Explain a concept in your own words
- Teach it to someone else
- Apply the information to a different context
- Recall the information under pressure
- Recall the information after a long period of time.
- GCSE Pod



Spacing and Interleaving

THE FORGETTING CURVE



Blocked practice

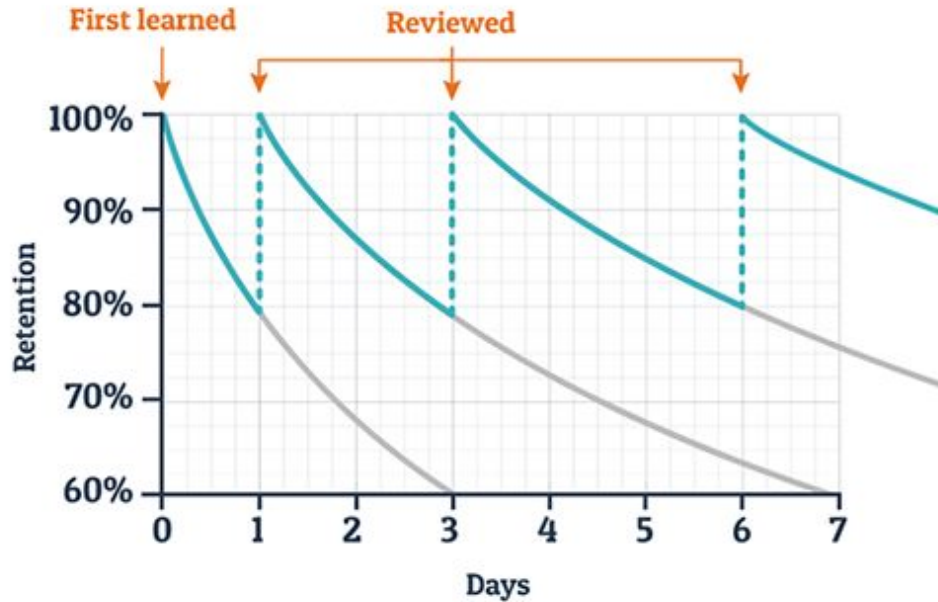
Skill
1

Skill
2

Skill
3

Mitigating the forgetting curve

Typical Forgetting Curve for Newly Learned Information



Blocked practice



Interleaving



The Logistics: Location

Create a revision space:

By having a location that the brain can associate with study, it maximises the effect of the revision that is taking place.



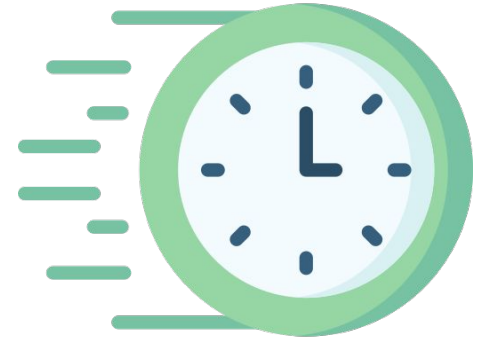
The Logistics: Length of study time

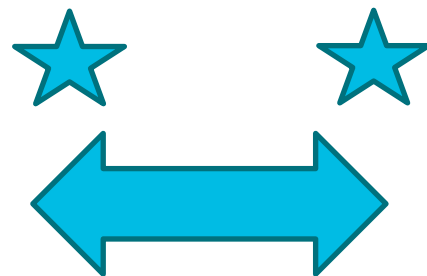
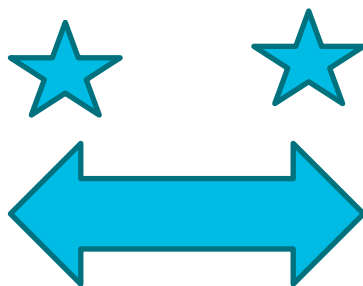
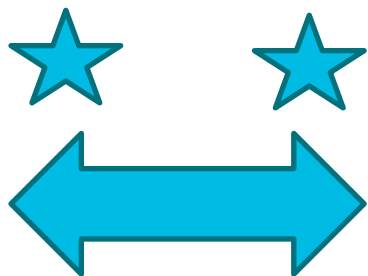
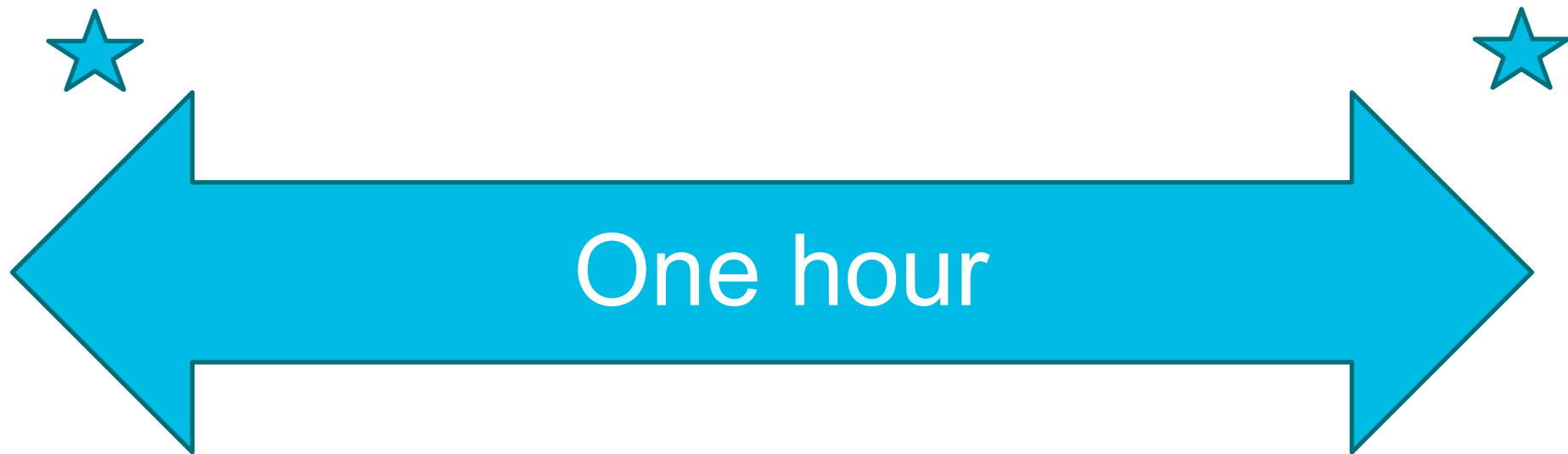
Chronological age +/- 2 up to maximum of

20 minutes

A short break of a minute or two.

Repeat this three times then take a longer break.





Additional Tuition

There are various types of revision available:

1. LRC available for private study every evening 3-4pm
2. PD time revision focus for all pupils - Maths and English
3. Small group tuition until Christmas. Full cohort revision will begin in January



Managing Anxiety

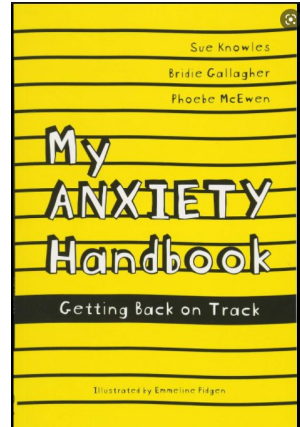
Anxiety Support

We will be helping pupils to understand what stress and anxiety is and how it can manifest itself - understanding and being prepared for the physical symptoms can help pupils not to feel overwhelmed.

How can you support your child with anxiety?

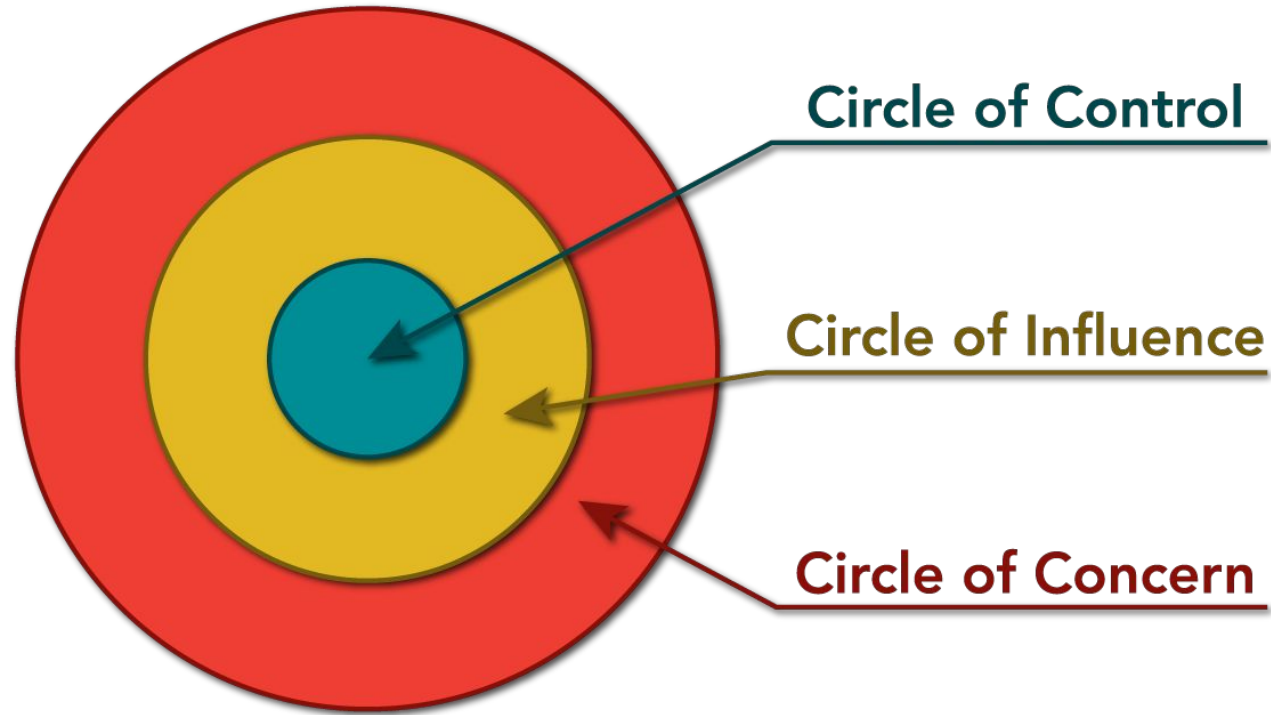
- Start the conversation
- Encourage them to exercise and get some fresh air
- Try to set up a sustainable routine around exam preparation
- Don't stop them seeing friends
- Allow stress to become sickness

Anxiety



"The best piece of advice I can give parents and students alike is to remember that you can only do the best you can and not to overthink. I'm so pleased that students have such amazing role models like Simone Biles to look up to these days. It is reassuring for students to know that stress gets to everyone and it doesn't undermine your strength - it's perfectly natural to ask for a break when you need one." – Karen Collins, Lead Science Associate for PiXL

Managing Anxiety



Any questions

catherine.earley@coopacademies.co.uk

Assistant Principal: Raising Standards

mathew.hemmings@coopacademies.co.uk

Deputy Principal:Curriculum

nathan.green@coopacademies.co.uk

Y11 Raising Aspiration Lead

sally.wallace@coopacademies.co.uk

Y11 Head of Year

kate.walker@coopacademies.co.uk

Assistant Principal - Careers guidance





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Exam Equipment

- You must bring your own equipment.
- Once in the exam, you cannot ask another candidate to borrow equipment.
- Only clear transparent pencil cases are allowed.
- Only see-through bottles are allowed. If yours has a label on it, it must come off.
- Mobile phones must be switched off and in the pupil bags
- No notes of any kind in pockets

- 2 black biro pens
- (No coloured, gel or erasable pens allowed)
- 2 pencils
- A ruler
- A pencil sharpener
- An eraser
- A protractor
- A scientific calculator
- A highlighter



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**What are the
main College
options for you
when leaving
school?**

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The Award-Winning Colleges in Salford

School Presentation - 2026





VOCATIONAL COURSES

Our Vocational courses are taught by industry-experienced teachers. They give you the opportunity to use theories you learn in practical situations, improve your independent study skills and develop your communication and teamwork skills whilst studying one subject area.



A-LEVEL COURSES


An A-Level programme consists of three subjects of your choice. This gives you a chance to study multiple subjects you are interested in or passionate about. The programmes run for two years and will give you the chance to develop your research, analysis and evaluation skills with a focus on independent study.



VOCATIONAL A-LEVEL COURSES

These advanced level courses allow students the academic rigour of A-Levels coupled with the practical elements of vocational studies.

You can select a combination of three courses that suit your needs and aspirations.



T-LEVEL COURSES

A mixture of classroom learning and at least 45 days of on-the-job placements, in the industry you are studying. 80% of your time will be spent at college and 20% will be on placement. They have been designed with employers to make sure the qualifications meet the needs of the industry and prepare you for the world of work.



Qualifications/Entry Requirements

A-Levels	Single Vocational A-Levels	Vocational Courses	T-Levels
<ul style="list-style-type: none">• Five 5s including Maths & English Language.• we will consider 1 Vocational Qualification in a related subject• Certain subjects require 6 or above• Choose three (or occasionally four) A-Levels• Two year study programme• Assessment mainly through exams	<ul style="list-style-type: none">• Five 4s including English Language or Maths• We will consider 1 Vocational Qualification in place of a GCSE and will also require a grade 4 in Maths or English Language• These courses can be taken alongside other single vocational A-Levels and A-Level courses.• Take a combination of three single vocational A-Levels or A-Level mixed programme• Two year study programme• Assessment mostly coursework with some exam modules	<ul style="list-style-type: none">• Entry Level Three: Two Grades 1-9• Level 1: Four Grades 1-9• Level 2: Four Grade 3s or above• Level 3: Five Grade 4s including English Language or Maths• Level 1/2, we will consider 1 Vocational Qualification in a related subject• Level 3, we will consider 1 Vocational Qualification in place of a GCSE and will also require a grade 4 in Maths or English Language• Level 3 is a two year study programme and is equivalent to three A-Levels• Assessment mostly coursework with some exam modules	<ul style="list-style-type: none">• Five 5s including English Language & Maths• We will consider 1 Vocational Qualification in place of a GCSE, providing English Language and Maths has been achieved at grade 5 or above• Equivalent to three A-Levels• A mix of classroom learning and industry experience (approx. 45 days in industry)• Two year study programme• Assessment mostly coursework with some exam modules

Please note, some courses may have specific entry requirements. Check the Prospectus or Website for details of any specific entry requirements.



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A-LEVEL COURSES

- Art
- Biology
- Business Studies
- Chemistry
- Classical Civilisation
- Computer Science
- Criminology
- Dance
- Drama & Theatre
- Economics
- Engineering
- English Language
- English Literature
- Film Studies
- French
- Geography
- Graphic Design
- Health & Social Care
- History
- Law
- Mathematics
- Further Mathematics
- Media
- Medical Science
- Photography
- Physics
- Politics
- Psychology
- Sociology
- Spanish
- Sport
- Statistics
- Textiles



Application deadline 31st January 2026

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PENDLETON
SIXTH FORM COLLEGE

SCHOLARS' PROGRAMME

The Scholars' Programme is designed to support students who have the potential to achieve outstanding grades. All students will be required to:

- Be a role model and leader of the college community
- Be a college ambassador

The programme includes:

- Being supported through UCAS
- Opportunities to link with local businesses
- Take part in interactive workshops
- Help organise fundraising activities
- Participate in Access Programmes from prestigious universities
- The opportunity to join subject specific clubs
- Attend lectures from guest industry and academic speakers

APPLY ONLINE AT WWW.SALFORDCC.AC.UK OR CONTACT OUR ADMISSIONS TEAM ON 0161 631 5050



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PENDLETON
SIXTH FORM COLLEGE

VOCATIONAL COURSES

- Acting
- Art & Design
- Applied Science
- Dance
- Engineering
- Fashion & Textiles
- Forensic Science
- Graphic Design
- Musical Theatre
- Fine Art Photography
- Technical Theatre



Application deadline 31st January 2026

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Vocational/Vocational A Level Courses*

- Animal Management
- Animal Nursing Assistant
- Applied Science
- Business Studies
- Equine Studies
- Health & Criminal Behaviour Studies*
- Health & Social Care
- Manchester United Football Academy
- Nursing (Health T-Level) (Applications Close on Wednesday 31st December 2025)
- Salford Red Devils Rugby Academy
- Skills for Life
- Sport
- Travel & Tourism
- Uniformed Protective Services





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MediaCityUK VOCATIONAL COURSES

- Creative Media
- Creative Music
- Computer Science & Security
- ESOL (English for Speakers of Other Languages)
- Games Design
- IT Software & App Development
- Journalism
- Media Make-up
- Visual Effects & Animation

FutureSkills
at MediaCityUK



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VOCATIONAL COURSES

- Brickwork
- Building Services Engineering (T Level)
- Carpentry & Joinery
- Design Planning & Surveying (T Level)
- Electrical Installation (Grade 4 or above in English Language & Maths)
- Motor Vehicle Studies (Grade 3 or above in English Language & Maths)
- Multi Trade Skills
- Painting & Decorating
- Passport to College
- Plastering
- Plumbing (Grade 3 or above in English Language & Maths)



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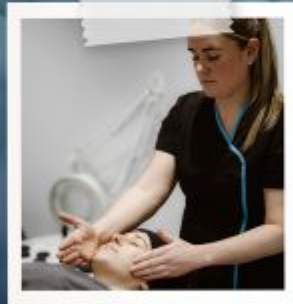


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 WORSLEYCOLLEGE

VOCATIONAL COURSES

- Beauty Therapy
- Early Years & Childcare
- Hairdressing
- Health & Social Care
- Hospitality & Culinary Arts/Patisserie
- Passport to College
- Kings Trust Programme



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Student Life

- Trips and Visits
- Guest Speakers
- Support with kits
- Free breakfast and lunch
- Free Travel
- Enrichment

(Subject to eligibility)



STUDENT STANDARDS

WHILST AT COLLEGE WE EXPECT YOU TO ...



Be Here



Be Ambitious



Be Hardworking



Be Respectful



Be Safe

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APPRENTICESHIPS
AT SALFORD CITY COLLEGE

Apprenticeships at Salford City College





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What apprenticeships do we offer?

APPRENTICESHIPS
AT SALFORD CITY COLLEGE





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- An apprenticeship is an on the job qualification, where you can '*earn as you learn*'
- Over 90% of our apprentices remain in full time employment with the companies they complete their apprenticeship with.
- You will work for a company full time, earning a wage (Minimum £7.55 per hour from April 2025) and an annual holiday allowance whilst working towards a recognised qualification.
- You will work alongside experienced staff gaining knowledge of different career opportunities and working towards job specific skills.
- You will be given time for training and study related to your role, the training may be at your place of work, college or online.

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What's Next?



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Dedicated College Bus Service

- ALTRINCHAM
- ASTLEY
- ATHERTON
- BELLE VUE
- BLACKLEY
- BOLTON
- BOOTHSTOWN
- BROUGHTON
- BURY
- CADISHEAD
- CHEETHAM HILL
- CHORLTON
- CULCHETH
- DAVYHULME
- ECCLES
- FARNWORTH
- FLIXTON
- IRLAM
- KEARSLEY
- LEIGH
- LEVENSHULME
- LITTLE HULTON
- LOSTOCK
- MANCHESTER
- MIDDLETON
- MONTON
- MOSLEY COMMON
- PEEL GREEN
- STRETTFORD
- TRAFFORD
- TYLDESLEY
- URMSTON
- WALKDEN
- WESTHOUGHTON
- WHITEFIELD
- WORSLEY

VISIT WWW.SALFORDCC.AC.UK TO DOWNLOAD OUR BUS TIMETABLE

£25 Admin Fee/Term or £60 for Full Year



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SCHOOL LEAVER OPEN EVENTS IN SALFORD 2025/26



Monday 6th October 2025
Saturday 6th December 2025

5:00pm - 7:00pm
10:00am - 12:00pm



Thursday 9th October 2025
Tuesday 18th November 2025

5:00pm - 7:00pm
5:00pm - 7:00pm



Wednesday 8th October 2025
Saturday 29th November 2025

5:00pm - 7:00pm
10:00am - 12:00pm



Saturday 20th September 2025
Tuesday 21st October 2025
Thursday 27th November 2025

10:00am - 12:00pm
5:00pm - 7:00pm
5:00pm - 7:00pm



Tuesday 14th October 2025
Tuesday 2nd December 2025
Tuesday 3rd March 2026

5:00pm - 7:00pm
5:00pm - 7:00pm
5:00pm - 7:00pm

SCAN TO VISIT OUR COLLEGE WEBSITE:



**SALFORD CITY
COLLEGE GROUP**
SALFORD CITY COLLEGE
SALFORD CITY COLLEGE
SALFORD CITY COLLEGE

For more information about our college open events contact our admissions team on 0161 631 5050 or email admissions@salfordcc.ac.uk



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Thank you!

For more information visit

www.salfordcc.ac.uk



Greater Manchester Higher

WE ARE GREATER MANCHESTER HIGHER



Who are GM Higher?

We are NOT a College or University!

- **Collaborative network** of higher education providers across Greater Manchester
- Funded by The Office for Students through the **Uni Connect Programme**
- Provide **impartial IAG** and outreach activities to raise ambitions and awareness of higher education
- Provide **Workshops** for students in school, to help overcome challenges and discover opportunities. The workshops also help students build confidence, skills and understand their future pathways.



What Can Greater Manchester Higher Help You With Today...



Come and have a friendly chat to...

- Explore your **pathways and options** into further and higher education
- Get clear information on **university applications, fees, and eligibility**
- Receive advice on **staying organised and motivated** for exams
- Gain guidance on **what to look out for when applying** to college or university
- And of course... ask about **anything else that's on your mind!**

